UBC Faculty Orientation
Mental Health Literacy

August 26, 2014

Sherri Mohoruk, Superintendent of Safe Schools
BC Ministry of Education
Government Direction

• Government recognizes that the health and well-being of children and youth in BC requires collaborative action among child and youth-serving ministries and their partners – parents, boards of education, school employees, students, health care workers and other community members.

• Several ministries are involved in this important work, including the Ministries of Education (MED), Children and Family Development (MCFD) and Health (MoH).
Organizations and Networks

- BC School-Centred Mental Health Coalition
- Education Partners Healthy Schools Committee
- Child & Youth Mental Health & Substance Use Collaborative
- Pan-Canadian Joint Consortium for School Health
- Healthy Schools BC
Programs and Initiatives

• Healthy Minds, Healthy People: 10 Year Plan to Address Mental Health and Substance Use in BC
• Expect Respect and a Safe Education (ERASE) strategy
• Roots of Empathy/Seeds of Empathy and Friends programs
The Child & Youth Mental Health and Substance Use Collaborative

Purpose - Increase the number of children, youth and their families receiving timely access to integrated mental health and substance use services and supports.
The Collaborative - Principles

• Children, youth and families are the center of all improvements and are involved in the Collaborative

• Services are delivered in a manner that respects diversity, cultures and contributions of Aboriginal people

• All providers are respected and anyone affected by a decision is involved in the decision

• Decisions of the Action Teams, Steering Committee and Faculty are made by consensus
The Collaborative

FORCE
Youth and Families with Lived Experience

Key Collaborative Resources

Steering Committee
- Physician Compensation WG
- Info Sharing Group WG
- Youth to Adult Transition WG
- Physician Recruitment WG
- Youth to Adult Transition WG

Clinical Faculty
- ER Protocol WG
- Specialist Support WG
- Telehealth Rural & Remote WG
- Model of Care WG

Action Teams
1. Cariboo
2. Central Okanagan
3. East Kootenay
4. Kootenay Boundary
5. North Okanagan
6. Shuswap
7. South Okanagan
8. Thompson
The Collaborative - Improvements

• Built inter-sectoral teams in communities

• Youth and parent leadership and participation deemed the greatest GEM

• Youth and families know how to access available services

• Increased uptake of the Practice Support Program: CYMH module

• School and community events - increasing awareness and reducing stigma
The Collaborative - Improvements

• Family doctors attaching youth at risk to their practices
• Integrated case management for youth and their families with highly complex situations
• Improved transition from youth to adult systems of care
• Improved access to telephone coaching for parents
• Improved access for care; 50% to 67% increases reported in access for patients with family doctors to local mental health services
Spread and Sustainability

“Don’t let us be upset about what we don’t have. Let’s be inspired about what can be done together going forward.”

Brent Seal
Youth in Residence
FORCE