



11 Month Secondary Option - PHYSICAL EDUCATION
The University of British Columbia
 Faculty of Education
 Pre-Admission Academic Self-Assessment Worksheet

Name _____ Surname _____ Given Name _____ Initial _____

Course Requirements (At UBC: one full year course = 6 UBC credits, one half- year course = 3 credits)	Sample UBC courses (Equivalent courses completed at other accredited institutions are also acceptable)	Courses Completed	Courses in Progress
1) 6 credits of English literature and composition 6 credits of English literature or the combination of 3 credits of English literature and 3 credits of English composition.	ENGL 110 and 112, 2xx - 6xx English grammar, linguistics, creative writing, technical or business writing or communication courses will not fulfill this requirement.		
Applicants normally have completed a Bachelor of Kinesiology (BKin) program 2) 18 credits of foundational Kinesiology courses: a. 15 credits must include active health (fitness); anatomy; physiology; growth & motor development; and human motor learning/behaviour. b. 3 credits from biomechanics; sport & exercise psychology; and exercise physiology.	a. KIN 103, 190, 191, 284, 230 b. KIN 151, 231, 275		
3) 18 credits of third/fourth year level Kinesiology courses: a. 9 credits from leadership and instruction, applied methods, and adapted physical education. b. 9 credits from coaching theory, health education, athletic injuries, and program planning and administration	a. KIN 369, 456 (454), 362 b. KIN 365, 464, 361, 400, 415		
4) 4 areas in performance analysis (a minimum of 12 credits to include one activity from each of the following 4 activity areas: (A National Coaching Certificate (NCCP) does not fulfill any of the activity area requirements: a. Alternative environments (e.g. aquatics, outdoor education, orienteering) b. Rhythmic Movement (e.g. gymnastics, dance) c. Individual and Dual Activities (e.g. target, track and field, combatives, fitness) d. Games (e.g. invasion, net/wall, fielding)	KIN 115A, 115 B, 215A, 215B		
Admission Average Calculation A minimum average of 65% (2.5 on a 4 point scale) is required to be eligible for admission consideration. Calculated on 18 senior level credits of Kinesiology coursework in section 3) above.			
Notes: 1. Students who completed core physical education theory and/or performance analysis courses 10 or more years ago must complete at least two core theory courses at third/fourth year level and core performance analysis courses before applying. 2. Degrees in recreation, leisure or health science/services will not satisfy requirements. Individual possessing these degrees may have to take a considerable amount of additional courses relevant to secondary PE to be considered for admission. 3. The French immersion option is not available for Physical Education. 4. Detailed UBC course information can be found at http://students.ubc.ca/courses .			